CLASS XII – PSYCHOLOGY

ASSIGNMENT NO. 8

PSYCHOLOGY AND LIFE

Sho	ort answer type questions:-
1.	refers to everything that is around us.
2.	perspective suggests that physical environment exists for human beings to use and for their
	comfort.
3.	is the study of relationship between living beings and their environment.
4.	is a small community in Rajasthan that values their trees and wildlife just as their life.
5.	refers to a feeling of discomfort because of many people or things around us.
6.	Noise has been found to determine its effects on
7.	In Bhopal Gas tragedy, many who inhaled the poisonous gas, showed disturbances in, and
8.	When switching off the noise is within the control of the person, the number of in task performance.
9.	Crowding leads to (a) (b) (c) (d)
10.	refers to the ability to mentally deal with the crowded environment.
11.	is the comfortable space one generally likes to create / maintain around oneself.
12.	Natural disasters are to those who survive the disaster.
13.	Differentiate between deprivation, social, advantages and discrimination.
14.	Explain 'Antyodaya'?
15.	refers to any behaviour by one person intended to harm another person.
	is a process to vent out bottled up emotions and thoughts.
17.	Frustration aggression hypothesis was given by the psychology.
18.	Differentiate between Hostile and Instrumental aggression.
19.	Forceful destructive behaviour towards another person or object is called
20.	Aggression is an expression and consequence of
21.	Aggression shown towards a weaker sector / person who is unable to react is known as
Loi	ng answer type questions:-
Q1	What are the psychological effects that an individual may go through due to the following?
(a)	Natural Disasters (b) Crowding (c) Poverty
Q2.	What is aggression? Explain the causes that may lead to Aggression.
Q3.	"Several steps have been taken by government and other NGO's for reduction and alleviation of Poverty". Explain these steps in detail.
Q4.	"Post traumatic stress disorder is severe psychological problem that results from traumatic events. Explain its features in detail.
Q5.	Explain the process of treatment of psychological disorders that are caused due to environmental changes?
Q6.	How can you develop a pro-environmental behaviour to promote a healthy atmosphere for living?
Q7.	What impact does television have on the psychological being of an individual?
Q8.	The understanding of health has undergone a major change in recent times. Now, it is not limited its diseases only but also thinking and behaviour". Comment.
Q9.	What do you understand by environmental psychology? Explain the different views of the Human Environmental relationships?

Q10. State the six principles given in the Chipko Movement memorandum.