Class IV SCIENCE HW WORKSHEET SUBMISSION DATE: 11 APRIL 2014

Qs1. Match the following. Write the correct answer along with the number.

A	В	А	В
1. Rice	a) Protein	1.	
2. Meat	b) Carbohydrates	2.	
3. Butter	c) Mineral	3.	
4. Fruit	d) Good for digestion	4.	
5. Roughage	e) Fats	5.	

Qs.2-Fill in the blanks

1. Our main source of energy comes from_____

2. _____ are building blocks of our body.

3. Oils, ghee and butter are rich source of_____

4. We should wash fruits and vegetables _____peeling or cutting.

5. We should never eat food stuff which is kept_____.

6. _____are known as protective foods.