

CHAPTER – 10

WHAT IS COOKING

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Question 1:



Look at the picture. Colour the spaces which have dots in them. What do you see?

Answer:

Karahi Tawa Matka (Pot) Sauce
pan Karchul (Ladle) Spatula Sieve-spoon Pressure cooker

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Question 1: In the picture, you must have found some utensils used for cooking. Are there any other utensils used in your house for cooking? Which are they?

_____	_____	_____
_____	_____	_____

Answer:

***Disclaimer:** The purpose of this section is to make the students observe their surroundings. The answer may vary from student to student based on his/her observation. It is highly recommended that the students prepare the answer on their own.*

Question 2: What are utensils made of?

_____	_____	_____
_____	_____	_____

Answer:

***Disclaimer:** The purpose of this section is to make the students observe the utensils in their kitchen. The answer may vary from student to student based on his/her observation. It is highly recommended that the students prepare the answer on their own. A sample answer is provided below for reference.*

Utensils are made

of: Steel Wood Aluminium Glass Iron Copper

Question 3: We do not cook all the things that we eat. Find out which things we eat raw and which ones we cook before eating. Which are the things we eat both cooked and raw? Fill in the table given below.

Things that are eaten raw Things that are eaten cooked Things that are eaten both raw and cooked _____

Answer:

Things that are eaten raw	Things that are cooked	Things that are eaten both raw and cooked
Orange	Meat	Carrot
Sugarcane	Fish	Mango
Water melon	Potato	Cheese
<i>Jamun</i>	Mushroom	Onion
Apricot	Rice	Tomato

This is a sample answer. The answer of the students may vary from this.

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Question 1: Go to the kitchen and observe something being cooked. What all was done to cook it? Write the sequence. Don't forget to write the name of the item being cooked. Look at the notebook of your classmates and discuss in a group. Name of the item _____

1. _____
2. _____
3. _____

4. _____
5. _____
6. _____

Answer:

Disclaimer: The purpose of this section is to make the students observe their surroundings. The answer may vary from student to student based on his/her observation. It is highly recommended that the students prepare the answer on their own.

Question 2: Given below are different methods of cooking. Write the names of two things cooked by each of these methods. Add some more methods of cooking to the list and give examples too.

Method of cooking	Names of things
Roasting	_____
Boiling	_____
Frying	_____
Baking	_____
_____	_____
_____	_____

Answer:

Method of cooking	Names of things	
Roasting	Chicken	Brinjal
Boiling	Milk	Egg
Frying	Potato	Fish
Baking	Cake	Bread

Steaming	<i>Idli</i>	Momo
Grilling	Fish	<i>Paneer</i>

This is a sample answer. The answer of the student might differ from this.

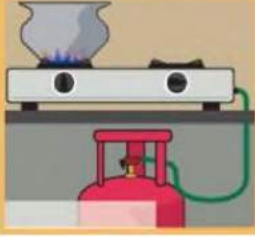
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Question 1: What is used to cook food in your house? Draw a picture in the notebook and write its name.

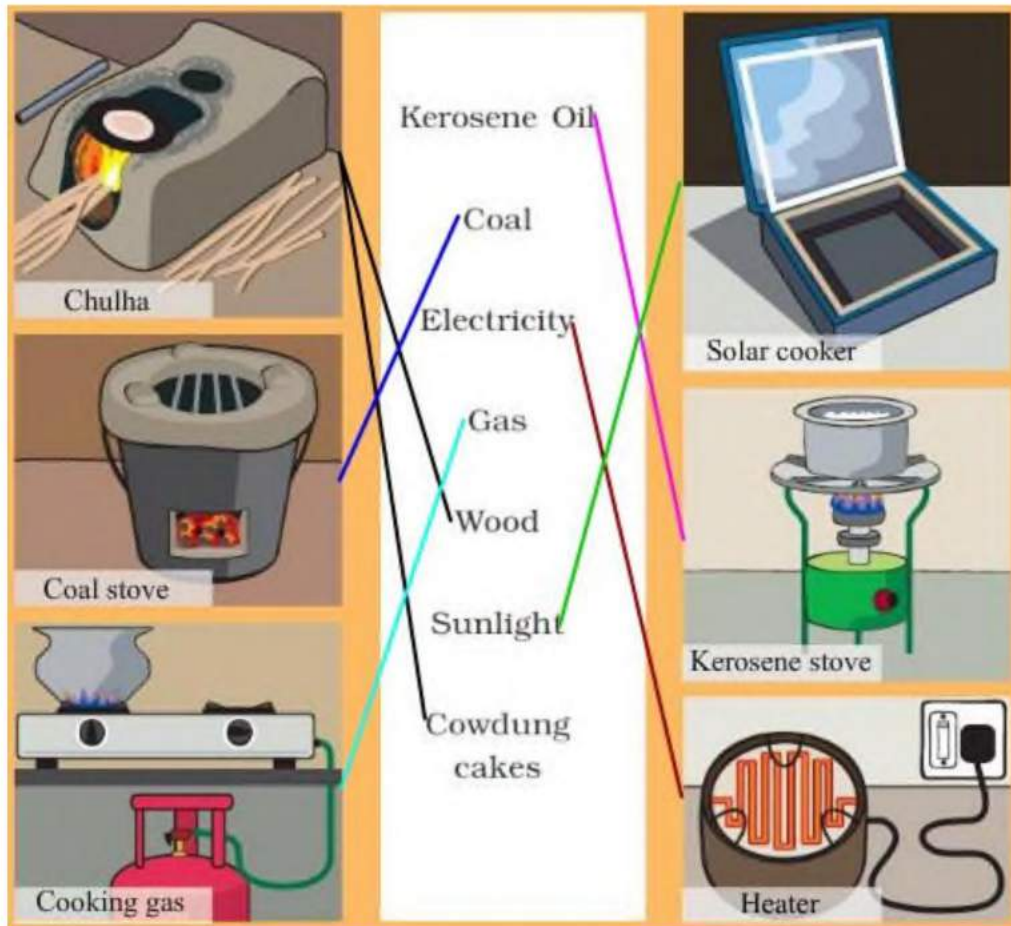
Answer:

Disclaimer: Students are advised to write the answer on their own.

Question 2: Identify the pictures given below and write their names. What produces heat in each of them? Match the picture with the list. Matching can be with more than one thing also.

	Kerosene Oil	
	Coal	
	Electricity	
	Gas	
	Wood	
	Sunlight	
	Cowdung cakes	

Answer:



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Question 1: Which are the other things you can prepare without cooking? Write their names and the method of preparing them. One example is given below.

1. Lemon Water Mix sugar in water → Add Lemon juice → Strain it → Lemon water is ready

2. _____ → _____ → _____

3. _____ → → →

Answer:

1. Lemon water Mix sugar in water → Add lemon juice → Strain it → Lemon water is ready
2. Mango shake Cut mango into pieces → Add sugar and milk → Mix it well → Mango shake is ready
3. Sandwich Cut tomatoes and cucumber → Apply butter on one side of the bread slice → Put vegetables on the bread slice → Cover the bread slice with another one → Sandwich is ready

This is a sample answer. The answer of the students may vary from this.