

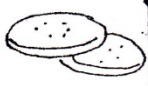
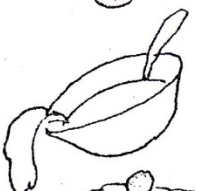
CLASS : II
SUB : EVS
MONTH- August

NAME : _____
ROLL NO : _____ DATE : _____
WORK SHEET L - Our food

I. Find out as many food items as you can.




O	L	A	C	H	E	E	S	E
X	P	T	L	R	I	C	E	W
L	I	E	N	P	I	J	G	Y
P	E	A	N	U	T	S	G	B
M	R	M	V	C	B	H	P	I
A	D	S	O	U	P	L	V	S
N	O	R	A	N	G	E	S	C
G	M	J	X	C	A	K	E	U
O	O	Y	L	P	W	D	N	I
B	A	N	A	N	A	Q	E	T







II. Write (P) for plant food, (A) for animal food.



APPLE



MEAT



POTATO



EGGS



FISH



MANGO



RICE



BUTTER



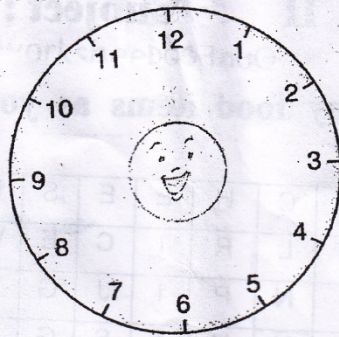
BRINJAL



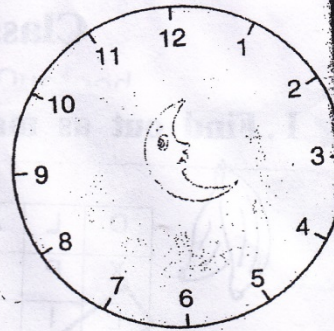
III. Draw hands on clocks to show the time when you have your breakfast, lunch and dinner.



breakfast

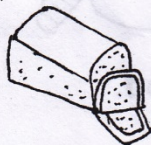


lunch



dinner

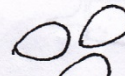
IV. Write (E) for energy giving food, (G) for growth food and (H) for health giving food.



BREAD



CAULIFLOWER



EGGS



ORANGE



FISH



MILK



POTATO



CARROT



KENDRIYA VIDYALAYA _____
CLASS : II NAME : _____
SUB : EVS ROLL NO : _____ DATE : _____
MONTH- August WORK SHEET L - Our food

OBSERVATION

(I). Name the following

1. Two energy giving food
2. Two body building food
3. Two protective food
4. Two cereals
5. Two spices

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

(II). Observe the pictures and name the vegetables and fruits.



4.



5.

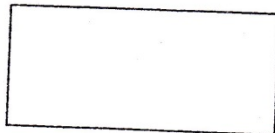


6.

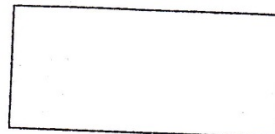


IDENTIFICATION

(I). Draw and colour 2 vegetables that can be eaten raw and name them.



1. _____



2. _____

(II). Match the following:

1. Pepper	Cheese
2. Wheat	Fruit
3. Apple	Root Vegetable
4. Milk Product	Spice
5. Radish	Cereal

DISCOVERY OF FACTS

(I) . Choose the correct answer

1. _____ is a leafy vegetable(**Spinach, Carrot**)
2. We get milk from _____. (**Cow, Hen**)
3. _____ is a energy giving food. (**Potato, Lemon**)
4. _____ is a root vegetable(**Carrot, Brinjal**)
5. _____ food protects us from diseases.(**Body Building, Protective**)

(II). Write the names of 4 things that we get from animals.

1. _____
2. _____
3. _____
4. _____