



Unit II: Olympic Value Education

Content

- Olympic, Paralympics and Special Olympics
- Olympic Symbols, Ideals, Objectives & Values of Olympism
- International Olympic Committee
- Indian Olympic Association

Learning Objectives

After completing the study of this Unit, you will be able to:

- differentiate between Modern and Ancient Olympic Games, Paralympics and Special Olympic games
- identify the Olympic Symbols and Ideals
- incorporate values of Olympism in your life.
- describe the role, responsibilities and functioning of IOC and IOA

Discussion

The Olympic Symbols are icons, flags, and symbols used by the International Olympic Committee (IOC) for the Olympic Games.

1. The Olympic flag was created under the guidance of Baron Coubertin in 1913 and was released in 1914. But it was first hoisted in 1920 in Antwerp, Belgium at the 1920 Summer Olympics in the main stadium. How many rings does the Olympics flag have? What do these rings represent? What are the colours of the rings? What do these colours represent? What values do the rings represent?
2. The Olympic motto is *Citius, Altius, Fortius*. What does it mean?
3. What values do the Modern Olympic Games embody? Look at the word cloud given below. List as many values as you think are embodied by the Olympic Games.

Create your own Olympics word cloud.





2.1.1 ANCIENT OLYMPIC GAMES

The ancient Olympic Games were organized in honour of Zeus, the ruler of Greek gods and goddesses, as a part of a religious festival. Olympic Games or Olympics get their name from Mount Olympus, the highest mountain in Greece or Olympia, a town in Elis in ancient Greece. The festival and games began in 776 BCE at Olympia. At first, the only event at Olympia was the foot race. Later, sprints wearing full armour, and longer races, were added. Chariot racing and combat sports such as boxing and wrestling were soon regular features too. The open-air track for horse racing was called a hippodrome. The participants were free male citizens of different city states within Greece. All participants had to receive 10-month training prior to the Olympic Games. Women were not allowed to participate in the games. In fact, they were not even allowed to attend or witness the games. There was, however, a loophole to this rule – chariot owners, not riders, were declared Olympic champions and anyone could own a chariot. Kyniska, daughter of a Spartan king, took advantage of this, claiming victory wreaths in 396 BCE and 392 BCE.



The games were conducted every four years and the period between two games was known as Olympiad. The month when the Olympic Games were held was considered a sacred month and all disputes and wars would be stopped and peace would be declared to facilitate the movement of spectators and athletes.

Do you know?

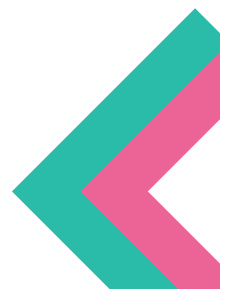
It is said that when the Persians invaded Greece in the summer of 480 BCE, a lot of the Greek city states agreed that they would put together an allied army but they had a very hard time getting one together because so many people wanted to go to the Olympics. So, they actually had to delay putting the army together to defend the country against the Persians.

Initially, the truce lasted for one month but in later centuries it was extended to three. No wars were permitted, no arms could be carried in the territory of Elis and no hindrance was to be given to any spectator, athlete or *theoriai*- (the official missions representing particular cities) travelling to the games wherever they came from and whichever territory they had to cross.

For the first 12 Olympics the *stadion* foot race was the only event and it remained the most prestigious event throughout the history of the Games. The race was run over one length (a *stadion*) of the stadium track, 600 ancient feet or 192 m and preliminary heats were held with the winners of the heats going into the finals.

Do you know?

The ancient Olympic Games were initially a one-day event until 684 BCE, when they were extended to three days. In the 5th century BCE, the Games were extended again to cover five days. The ancient Games included running, long jump, shot put, javelin, boxing, pankration and equestrian events.





Over time other events were added to the Games to bring the total Programme to 18 events spread over five days. Sports which were included in the ancient Olympic Games included foot race, chariot race, horse race, Pentathlon (running, long jump, discuss throw, javelin throw, and wrestling), boxing, wrestling, Pancratium etc. Athletes were grouped by lot, and in the interest of fairness, this was also the way pairings were matched in the other events. The eventual winner of the *stadion* would even give his name to that particular Games and so be remembered for all time. Koroibos a Greek cook, baker and athlete from Elis, won the *stadion* race in the first recorded Ancient Olympic Games in 776 BCE.

Do you know?

The Olympic Games included

- **diaulos**-the two stadium lengths foot race, added in 724 BCE.
- **dolichos**-longer foot races 7 to 20 stadium lengths, added in 720 BCE.
- **wrestling**-added in 708 BCE. Competitors had to throw the opponent to the ground three times to gain victory.
- **pentathlon**- also added in 708 BCE. All done in a single day, the event order was: jumping (in a soft soil pit using hand-weights or *halteres* and accompanied music), discuss (in stone, iron or bronze), *stadion*, javelin (in wood and thrown using a leather thong), and wrestling. Just how an athlete won the over all event is unclear, three event victories may have guaranteed overall victory.
- **boxing**- added in 688 BCE. Athletes wore straps of leather (*himantes*) around their hands, initially as protection but they evolved in to destructive weapons with metal pieces added. Rules were limited to no low-blows and no holding. Serious injuries were common and deaths not unknown.
- **Tethrippon** - the four - horse chariot race added in 680 BCE was run over ten or twelve circuits of the hippodrome. A version using of also over 8 circuits was added in 384 BCE.
- **keles**-a horse race added in 648 BCE and run over 6 circuits. A version for foals was added in 256 BCE.
- **pankration**- a mix of boxing and wrestling also added in 648 BCE. The pankration was a brutal event and the only moves not allowed were biting and gouging, although competitors did not wear the damaging leather thongs of the boxers.
- **Hoplitodromos**- the race in hoplite armour (helmet, shield and spear) between 2 and 4 stadium lengths was added in 520 BCE and was usually the last event of the Games.
- **apene**- a race with chariots pulled by two mules, added in 500 BCE (dropped from 444 BCE).
- **kalpe**-a trotting horse race for mares, added in 496 BCE (dropped from 444 BCE).
- **synoris**- the two-horse chariot race run over eight circuits of the hippodrome, added in 408 BCE. A version using of also over three circuits was added in 268 BCE.



The opening ceremony of Ancient Olympic Games started with assembly of the competitors, their coaches, their fathers, their brothers and the judges in the council house in front of the statue of Zeus to take the oath. The competitors took an oath that they would not use unfair means and would participate in the games as per rules and regulations. The Judges pledged that they would be fair and honest in the judgments during the games. During the march past, the announcer/ commentator announced the name, father's name and city of the competitor in public and asked whether anyone from the spectators had any kind of objection as regards to their eligibility.

In the times of the ancient Olympic Games, there was only one winner. The *Olympionic* (the winner of the Olympic Games) was immediately rewarded after the competition. A herald announced the name of the winner, then he was awarded olive



The "Discobolus" is a copy of a Greek statue 5th century BC. It represents an ancient Olympic discus thrower.

leaves plucked from the temple of Zeus and that was the highest honour. They tied a ribbon of red wool, a *taenia*, around his head and hands in the sign of victory. The official prize ceremony took place on the last day of the Games in the raised hall in the Temple of Zeus. In a loud voice, the herald announced the name of the Olympic victor, his father and his city. Then a *Hellandikos* placed a crown made of an olive branch, the *kotinos*, on the winner's head. Returning to his hometown, the athlete was welcomed as a hero and was given numerous advantages for the rest of his life. To show that he had become famous, the athlete had the right to have his own statue erected, among other things.

The Olympiad was named after the name of the winner of 200 yards race. The winner's names and figure were engraved on stone by sculptors and poems were written in their name to honour them.

The Roman Emperor Theodosius I legally abolished the games in 393 or 394 A.D. It was found that the games had lost their original values due to corruption, professionalism and foul play.



2.1.2 MODERN OLYMPIC GAMES

1503 years after Emperor Theodosius I ordered the closure of the Ancient Olympic games, once again Olympic games took place in 1896 in Athens, Greece. The idea behind restarting Olympic games came from French nobleman Baron Pierre de Coubertin. Coubertin was greatly interested in education, and he firmly believed that the best way to develop the minds of young people was to develop their bodies as well; he realised learning and athletics should go together. After he visited the ruins of ancient Olympia, it occurred to Coubertin that perhaps the best way to develop an interest in sports and games was to restart the Olympic Games. He hoped the new Games would bring back the ideals of physical, mental, and spiritual excellence displayed in the ancient Games, as well as build courage, endurance, and a sense of fair play in all who participated. In addition, he hoped the Games would turn the tide he saw world wide of the growing commercialism of sports. He also wanted an event that brought all nations together on one platform without barriers of race, creed, language and colour. In 1892, Coubertin first introduced the idea of starting the Olympic Games again. Few people were ready to accept his idea. But in 1894 Coubertin founded the International Olympic Committee (IOC) and began planning the first modern Olympiad.



Baron Pierre de

Do you know?

Due to its historical significance, the Greek hosts wanted to win the marathon above all else. Spyridon Louisset off from the city of Marathon and took the lead four kilometers from the finishline and, to the joy of the 100,000 spectators, won the race by more than seven minutes.

As a result of Coubertin's efforts, the first modern Olympic Games were held in 1896 in Athens, Greece. The Games attracted athletes from 14 nations, with the largest delegations coming from Greece, Germany, France and Great Britain. Coubertin remained president of the International Olympic Committee until 1925. In this office he directed the course the Games were to take. He wrote the Olympic Charter, protocol, and athletes' oath, and he also planned the ceremonies.

Extension Activity

The Olympic Games have an interesting, and sometimes controversial history – from cancelled Games during World Wars to boycotts during international conflicts.

Select one of the following Olympic Games and working in groups, research to find out more about it.

- 1920
- 1936
- 1948
- 1972
- 1976
- 1980

Present your ideas to the class in the form of a Power Point Presentation.



The Olympic games are a competition between sportspersons and not between countries. The selection of athletes is done by the National Olympic Committees of the respective nations.

Art Integration – RECREATING THE ANCIENT OLYMPICS

Each group must represent a Team from an ancient Greek city of their choice.

They have to

- choose a different Greek god who will be the mascot of their team, research the god and make a clay statue of the god.
- create their own banner for the opening parade.
- light the Olympic flame.
- sign the Olympic truce.
- take the Olympic oath at the start of the games.
- research and cook a Greek dish

On the day of the “Olympic Games” the Groups will come dressed in traditional Greek dress,

Although the modern Olympic Games are patterned after the ancient Greek Games, there are important differences. Unlike ancient Greece, modern nations have not stopped wars for peaceful athletic competitions. Because of World War I, Games were not held in 1916. Nor were they held in 1940 and 1944, during World War II. While at the ancient Games, athletes competed in individual sporting events, modern games also have lots of team events. Unlike the ancient Olympics, the modern games are not a religious festival. The earlier Games were open only to Greek males who participated in the games without wearing any clothes. The modern Games encourage athletes from all nations who have a National Olympic Committee (NOC) that is recognized by the International Olympic Committee (IOC) to compete. In modern Olympics men and women are equally encouraged and honoured. All participants at the modern Olympics must wear proper sports kit during the competition.

In the first Olympic Games held in Athens in 1896, 241 athletes from 14 countries participated in 43 events in the Panathenaic Stadium. In 1900, in the Paris Olympics, about 997 athletes from 24 countries competed. The 1900 Olympic Games are of great significance as this was the first one when 22 women competing in select sports. As the games became popular, lots of countries joined up. In 2016, 11,238 athletes from 207 Nations participated in 28 sports at the Summer Rio Olympics.

Do you know?

In 1904 the Olympic was hosted in St. Louis, but the number of nations and athletes competing fell to 12 countries and about 651 athletes. This decrease in participant numbers was due to the lengthy transatlantic boatride needed to be made by the European competitors to attend the Games. However, ever since the 1908 London games, which attracted about 2,000 athletes, more than the first three Olympics combined, there has generally been an increase in participation.





Due to two World Wars, three times games were cancelled in 1916, 1940, 1944. The First Winter Olympics was held in 1924 in Chamonix, France, in connection with the Paris Games held three months later to feature snow and ice sports that were impossible to hold during the Summer Games. Although figure skating (in 1908 and 1920) and ice hockey (in 1920) were featured as Olympic events at the Summer Olympics, the IOC desired to expand this list of sports to encompass other winter activities. At the 1921 Olympic Congress in Lausanne, it was decided to hold a winter version of the Olympic Games. The 1924 Olympics in Chamonix were the first Winter Olympic Games. Although at first it was intended that the same country host both the Winter and Summer Games in a given year, this idea was quickly abandoned. The IOC mandated that the Winter Games be celebrated every four years on the same year as their summer counterpart. This tradition was upheld until the 1992 Games in Albertville, France; after that, beginning with the 1994 Games, the Winter Olympics were held every four years, two years after each Summer Olympics.

Do you know?	
Host Cities	Winter Olympics
Summer Olympics	Year City
Year City	1924 Chamonix, France
1896 Athens, Greece	1928 Saint
1900 Paris, France 1904 Saint Louis, USA	Switzerland
1908 London, Great Britain 1912 Stockholm, Sweden 1916* not held because of war 1920 Antwerp, Belgium	1932 Lake Placid, USA
1924 Paris, France	1936 Garmisch
1928 Amsterdam, Netherlands 1932 Los Angeles, USA	Partenkirchen, Germany
1936 Berlin, Germany	1948 Saint
1940* not held because of war 1944* not held because of war 1948 London, Great Britain 1952 Helsinki, Finland	Switzerland
1956 Melbourne, Australia & Stockholm, Sweden (equestrian events)	1952 Oslo, Norway
1960 Rome, Italy	1956 Cortina d'Ampezzo, Italy
1964 Tokyo, Japan	1960 Squaw Valley, USA 1964 Innsbruck, Austria
1968 Mexico City, Mexico 1972 Munich, Germany 1976 Montreal, Canada	1968 Grenoble, France
	1972 Sapporo, Japan
	1976 Innsbruck, Austria 1980 Lake Placid, USA 1984 Sarajevo, Yugoslavia 1988 Calgary, Canada
	1992 Albertville, France
	1994 Lillehammer, Norway



1980 Moscow, USSR 1984 Los Angeles, USA 1988 Seoul, Korea

1992 Barcelona, Spain

1996 Atlanta, USA

2000 Sydney, Australia

2004 Athens, Greece

2008 Beijing, China

2012 London, Great Britain 2016 Rio de Janeiro, Brazil 2020 Tokyo, Japan

1998 Nagano, Japan 2002 Salt Lake City, USA 2006 Turin, Italy

2010 Vancouver, Canada

2014 Sochi, Russia

2018 Pyeong Chang, KoreaSouth

2.1.3 PARALYMPICS

The Paralympics is a mega sports event involving athletes with a range of disabilities organized by International Paralympic Committee. The range of disabilities includes impaired muscle power (e.g. paraplegia and quadriplegia, muscular dystrophy, post-polio syndrome, spina bifida),

impaired passive range of movement, limb deficiency (e.g., amputation or dysmelia), leg length difference, short stature, hypertonia, ataxia, athetosis, vision impairment and intellectual impairment. These disabilities are further divided into classifications which vary from sport to sport. The word **Paralympics** is derived from the Greek word **para** which means *beside* or *along side* and Olympic. Combined, **Paralympics** means an international Games competition that is **parallel to the Olympics**. There are Winter and Summer Paralympic Games, which since the 1988 Summer Games in Seoul, South Korea, are held almost immediately following the respective Olympic Games. All Paralympic Games are governed by the International Paralympic Committee (IPC).

International Paralympic Committee (IPC) was formed on 22 September 1989 and is situated in Bonn, Germany. IPC organizes Summer and Winter Paralympic Games and coordinates and supervises world championships and other competitions. The vision of IPC is 'To enable Para athletes to achieve sporting excellence and inspire and excite the world.'





Do you know?

List of summer Paralympic sports for Tokyo 2020

1. Archery (since 1960)
2. Athletics (since 1960)
3. Boccia (since 1984)
4. Cycling : Track & Road cycling (since 1984)
5. Equestrian (since 1996)
6. Football5-a-Side (since 2004)-for vision impaired
7. Goalball (since 1980)
7. Judo (since 1988)
8. Para-Badminton (since 2020)
9. Paracanoe (since 2016)
10. Paratriathlon (since 2016)
11. Para-Taekwondo (since 2020)
12. Powerlifting (since 1984)
13. Rowing (since 2008)
14. Shooting (since 1976)
15. Sitting Volleyball (since 1976)
16. Swimming (since 1960)
17. Table tennis (since 1960)
18. Wheelchair Basketball (since 1960)
19. Wheelchair Fencing (since 1960)
20. Wheelchair Rugby (since 2000)
21. Wheelchair Tennis (since 1992)



Sports events for athletes with an impairment have existed for more than 100 years, and the first sport clubs for the deaf were already in existence in 1888 in Berlin.

However, competitive games for people with special needs were widely introduced only after World War II. The purpose was to assist the large number of war veterans and those soldiers who had been injured during wartime. In 1948, on the occasion of the opening ceremony of London Olympic games Gutt mann conducted wheel chair competitions first time in the history, that he named “Stoke Mandeville Games”, in which he involved sixteen injured service persons in the archery event. The first summer Paralympic Games were conducted from 18 to 25 September 1960, in Rome, after the completion of the 1960 Rome Olympics, using the same venues. 400 athletes from 23 countries participated in 57 events of 8 sports in the games. After that, Paralympics games were conducted every four years like the Summer Olympic games. In 2016, Paralympics 4342 athletes of 159 countries took part in 528 events across 22 sports.

The first Winter Paralympic Games was organized in 1976 in Omnskoldsvik, Sweden and after that the games have successfully been conducted the same year as Summer Olympics. In 2018, at the PyeongChang Winter Paralympics 569 athletes of 49 countries took part in 80 events in six sports.

2.1.4 SPECIAL OLYMPICS

Special Olympics is the world's largest sports organization for children and adults with intellectual and physical disabilities, providing year-round training and competitions to 5 million athletes and Unified Sports partners in 172 countries. The concept was the brainchild of Eunice Kennedy Shriver, who in 1962 initiated a day camp called Camp Shriver for children with intellectual disabilities at her home in Potomac, Maryland. The camp sought to address the concern that children with special needs had very little opportunity to participate in organised athletic events. With Camp Shriver as an example, Kennedy Shriver, head of the Joseph P. Kennedy Jr. Foundation and a member of President John F. Kennedy's Panel on Mental Retardation, promoted the concept of involvement in physical activity and other opportunities for people with intellectual disabilities.



**Special
Olympics**

The Logo of Special Olympics is based on the sculpture "Joy and Happiness to All the Children of the World" by Zurab Tsereteli and was adopted in 1979. It reflects joy, happiness, confidence among children and adults with special needs who are learning coordination, mastering skills, participating in competitions and preparing themselves for richer, more productive lives.

The mission of Special Olympics is to provide year-round sports training and athletic





competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in events like Athletics (Track and Field), Badminton, Basketball, Bocce,

Bowling, Cricket, Cycling, Equestrian, Figure Skating, Floorball, Floor Hockey, Football (Soccer), Golf, Gymnastics: Artistic and Rhythmic, Handball, Judo, Kayaking, Netball, Powerlifting, Roller Skating, Sailing, Snowboarding, Snowshoe running, Skiing: Alpine and Cross-Country, Softball, Speed Skating: Short-track, Swimming: Pool and Open-Water, Table Tennis, Tennis, Triathlon and Volleyball.

There are a large number of benefits for people with intellectual disabilities as a result of participating in activities organized by Special Olympics. Apart from physical and health benefits, it provides psychological benefits including higher self-confidence, self-esteem and social competence. The transformative power of sports in instilling confidence, improving health and inspiring a sense of competition lies at the core of Special Olympics.

Extension Activity

Working in groups, investigate the history of the Indian Paralympic and Special Olympics teams. Who have been the most successful athletes?

Select one and find out more about him/her. Present your findings to the class in the form of a Power Point Presentation.

One of the major events of Special Olympics is World Games, which was first held in July 1968 at Chicago with around 1000 participants from U.S. and Canada. Special Olympic Winter Games were initiated in 1977 at Colorado, US. Special Olympics also conducts Unified Sports Programme for inclusion. Sports Participants who have attained 8 years of age along with condition of intellectual disabilities, cognitive delays identified by the agency or a professional can participate in sports competitions.

The Special Olympics was officially recognized by the International Olympic Committee (IOC) in 1988.

I. Tick the correct option.

1. The Ancient Olympic Games started in
 - i. 776 BCE
 - ii. 394 AD
 - iii. 1896
 - iv. 1986
2. The idea for reviving the Olympic Games came from
 - i. Eunice Kennedy Shriver.
 - ii. Baron Pierre de Coubertin



- iii. Dion Nash
- iv. Ludwig Guttman
3. The International Paralympic Committee was formed in
 - i. 1960
 - ii. 1976
 - iii. 1989
 - iv. 2016
4. The first special Winter Olympic games started in
 - i. 1960
 - ii. 1962
 - iii. 1968
 - iv. 1977

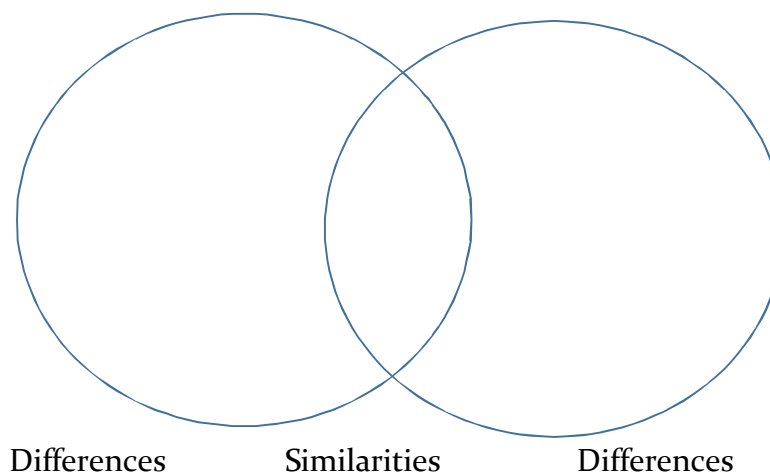
II. Answer the following questions briefly.

1. What is the motto of the Olympic Games? What does it mean?
2. Write a short note on the Olympic flag.
3. List the range of disabilities of athletes for Paralympic Games.
4. Differentiate between Paralympic and Special Olympic Games.
5. Write down the eligibility conditions of a competitor in ancient Olympics.

III. Complete the Venn Diagram given below listing the similarities and differences between Ancient and Modern Olympic Games.

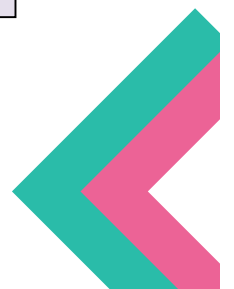
Ancient Olympics

Modern Olympics



IV. Answer the following questions in 150-200 words.

1. Write a brief note on the origin and conduct of Ancient Olympics.
2. How did the Modern Olympic games originate?
3. Write a short note on Special Olympics.



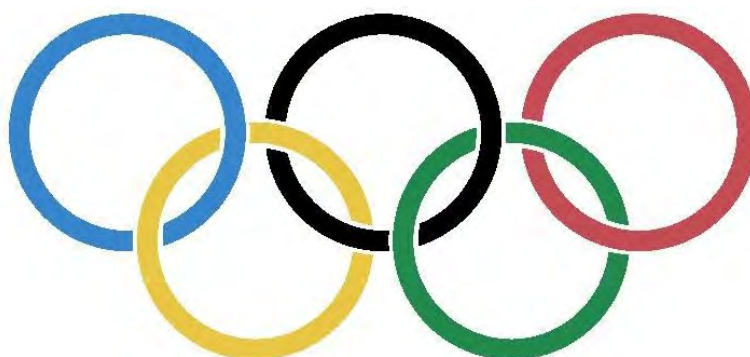


2.2.1 THE OLYMPIC CREED

The creed, or guiding principle, of the modern Olympic Games is a quote by Baron de Coubertin: "The most important thing in the Olympic Games is not to win but to take part, just as the most important thing in life is not the triumph but the struggle. The essential thing is not to have conquered but to have fought well."

2.2.2 THE OLYMPIC SYMBOL

The Olympic symbol is five interlocked rings of equal proportions of five different colours. The colour sequence of the rings from left to right is, blue, yellow, black, green and red, where blue, black and red rings are placed at the top, the yellow and green rings are placed at the bottom. The five rings reflect the union of the five continents namely North and South America, Africa, Asia, Australia, and Europe and this is a symbol of the unity of sportspersons from all continents at Olympic Games.



2.2.3 THE OLYMPIC FLAG

The Olympic flag was created by Baron Coubertin in 1913 and was released in 1914. It has a white background without any border. The Olympic symbol of the five interlocked rings is placed in the centre. In the words of Pierre de Coubertin, "The Olympic flag has a white background, with five interlaced rings in the centre: blue, yellow, black, green and red. This design is symbolic; it represents the five continents of the world, united by



Olympism, while the six colours are those that appear on all the national flags of the world at the present time (1931)". The flag was hoisted for the first time in 1920 in Antwerp, Belgium.

**2.2.4 THE OLYMPIC MOTTO**

The motto of the Olympic Games is “Citius – Altius – Fortius” which is Latin for “Faster- Higher- Stronger”. It expresses the aspirations of the Olympic Movement. It was proposed by Pierre de Coubertin upon the creation of the International Olympic Committee in 1894. Coubertin borrowed it from his friend Henri Didon, a Dominican priest, who was an athletics enthusiast. The Olympic motto was first announced in 1924 held at the Olympic Games in Paris, France.

**2.2.5 THE OLYMPIC EMBLEMS**

Each Olympic Games has its own Olympic emblem, which is a design integrating the Olympic rings with one or more distinctive elements. They are created and proposed by the Organising Committee of the Olympic Games (OCOG) or the National Olympic Committee (NOC) of the host country. It is the responsibility of the International Olympic Committee (IOC) to approve Olympic emblems for the Olympic Games. Olympic emblems are used in promotional materials, by sponsors of the Olympics, on the uniforms of every Olympic competitor. All emblems are the property of the IOC.

**2.2.6 THE OLYMPIC ANTHEM**

The Olympic Hymn, also known as the Olympic anthem, is a musical work composed by Spiro Samara, and is played when the Olympic flag is raised in the opening of Olympic Games.

The Olympic anthem

“Immortal spirit of antiquity,
 Father of the true, beautiful and good, Descend, appear, shed over us thy light
 Upon this ground and under this sky
 Which has first witnessed thy unperishable fame
 Give life and animation to those noble games! Throw wreaths of fadeless flowers to
 the victors In the race and in the strife!
 Create in our breasts, hearts of steel!
 In thy light, plains, mountains and seas
 Shine in a roseate hue and form a vast temple
 To which all nations throng to adore thee, Oh immortal spirit of antiquity!”



2.2.7 THE OLYMPIC FLAME, OLYMPIC TORCHES

The Olympic flame was first lit in 1928 at Amsterdam, Netherlands Olympic Games. It is a continuity symbol of ancient and modern Olympic Games. The Olympic flame is lit in front of the ruins of the Temple of Hera in Olympia by focussing the rays of the sun using a parabolic mirror to ignite a flame. A long relay of runners carries the torches to the site of the Games, where the final torch is used to light a cauldron. The games are declared open officially by kindling the torch and the flame remains lit until it is extinguished in the Closing Ceremony. Remember, the runners do not pass the same torch; only the flame is passed on to the next torch bearer. Each runner is allowed to keep their torch.



The first such relay took place for the 1936 Berlin Games when 3,331 runners carried the flame through Greece, Bulgaria, Yugoslavia, Hungary, Austria,

Czechoslovakia, and Germany. Similar relays have taken place for every Summer Games since. The flame travels by plane between cities, and is relayed by foot within cities. Being a torch bearer is considered an honour, and is often given to local residents with a record of community service, in addition to athletes and celebrities. Since 1964, the Winter Games have also had a torch relay starting in Olympia.

2.2.8 RELEASE OF DOVES

In 2014, one leg of the torch relay took place in space as two Russian cosmonauts carried the torch outside the International Space Station, some 200 miles above Earth.

After the cauldron is lit, doves are released into the air, as a symbol of peace. This was first done in the 1896 Olympics, and then in the 1920 Olympics. Since 1920, this has been an official part of the Opening Ceremony of the Summer Games. They are generally not released during the Winter Games, because it's too cold for the birds, but symbolic substitutions, like white balloons, are some times used.

The order—first lighting the cauldron, then releasing the doves—is important. In the 1988 Seoul Games, when it was tried the other way around, many of the doves were in the area of the cauldron just before it burst into flames, leading to their unexpected demise.

2.2.9 THE ATHLETES' OATH

The Olympic Oath is taken by one athlete and one judge from the home nation, during the Opening Ceremony, on behalf of all the competitors and judges. Since 1984, this has been taken while holding a corner of the Olympic flag. Before that, the national flag of the home nation was used.

The oath was first taken by an athlete in 1920. Originally, this was primarily a declaration that all the athletes were amateurs. The wording has been revised over the



years, as being an amateur is no longer a general requirement. In 2000, a specific reference to doping was added. The current oath is “In the name of all the competitors I promise that we shall take part in these Olympic Games, respecting and abiding by the rules which govern them, committing ourselves to a sport without doping and without drugs, in the true spirit of sportsmanship, for the glory of sport and the honour of our teams.”

First time the Olympic oath was taken in 1920 at Antwerp, Belgium by Victor Boin on behalf of all the athletes who participated in the Olympic Games. The Official's oath was introduced in 1972 and the coach's oath was added in 2010. It is a promise made by an athlete, judge or official in each of the Olympic Games and is usually said in the language of host country.

2.2.10 OLYMPIC AWARDS

The winners at the Olympic Games are awarded medals. The winner gets a gold medal, the runner up receives a silver medal and the second runner up receives a bronze medal in the awards ceremony on the podium. Participants from first to eighth receive a diploma and all participants receive commemorative medals. The National Anthem of the country of the winner is played during the ceremony.

When Modern Olympic Games began in 1896, the winners were given a silver medal and an olive branch, while runners-up received a laurel branch and a copper or bronze medal. In 1900, most winners received cups or trophies instead of medals. The custom of the sequence of gold, silver, and bronze for the first three places dates from the 1904 Summer

Olympics in St. Louis, Missouri in the United States. The International Olympic Committee (IOC) retroactively assigned gold, silver and bronze medals to the three best placed athletes in each event of the 1896 and 1900 Games.

Extension Activity

Each Olympic Games has its own medal design. From 1928-2004, the front side of every Olympic Games medal carried an image of Nike, the Greek goddess of victory, the Olympic Rings, the Coliseum of ancient Athens, a Greek vase known as an amphora, a horse-drawn chariot, and the year, number of the Olympiad, and host city. However, a new design was created for the 2004 Games, which featured the Greek Panathenaic Stadium and a new image of Nike. Each host city has allowed to add special details to the other side that is to the Games.

Design a medal for the Olympic Games if they were to be held in your town.

Medal designs have varied considerably since the first Olympic Games in 1896, particularly in size and weight. However, the IOC has laid down the physical properties of the medals and has the final decision about the finished design though the medals are developed by the National Olympic Committee (NOC) of the country hosting the Games.

Recipients: The top three competitors receive medals





Shape: Usually circular, featuring an attachment for a chain or ribbon Diameter: A minimum of 60mm

Thickness: A minimum of 3mm

Material: First place (Gold medal): It is composed at least 92.5% of silver, plated with 6 grams of gold.

Second place (Silver medal): 92.5 % silver.

Third place (Bronze medal): It is 97.0% copper with 0.5% tin and 2.5% zinc.

Event details: The sport for which the medal has been awarded should be written on the medal.

2.2.11 THE OLYMPISM

“Olympism is a philosophy of life, exalting and combining in a balanced whole the qualities of body, will and mind. Blending sport with culture and education, Olympism seeks to create a way of life based on the joy found in effort, the educational value of good example and respect for universal fundamental ethical principles.”

The Olympic Movement or Olympism is a philosophy of Olympic Games which is developed and endorsed by the International Olympic Committee. It promotes friendship, respect, fair play and sportsmanship through sports activities and stands against discrimination on the basis of gender, race, religion or nationality. It also expands the area of Olympism from sports activities to promoting peace and brotherhood. “The goal of the Olympic Movement is to contribute to building a peaceful and better world by educating youth through sport without discrimination of any kind and in the Olympic spirit, which requires mutual understanding with a spirit of friendship, solidarity and fair play.”

Fundamental Principles of Olympism

In the Olympic Charter following Fundamental Principles of Olympism are described.

1. Olympism is a philosophy of life, exalting and combining in a balanced whole the qualities of body, will and mind. Blending sport with culture and education, Olympism seeks to create a way of life based on the joy of effort, the educational value of good example, social responsibility and respect for universal fundamental ethical principles.
2. The goal of Olympism is to place sport at the service of the harmonious development of human kind, with a view to promoting a peaceful society concerned with the preservation of human dignity.
3. The Olympic Movement is the concerted, organised, universal and permanent action, carried out under the supreme authority of the IOC, of all individuals and entities who are inspired by the values of Olympism. It covers the five continents. It reaches its peak with the bringing together of the world's athletes at the great sports festival, the Olympic Games. Its symbol is five interlaced rings.



4. The practice of sport is a human right. Every individual must have the possibility of practising sport, without discrimination of any kind and in the Olympic spirit, which requires mutual understanding with a spirit of friendship, solidarity and fairplay.
5. Recognising that sport occurs within the framework of society, sports organisations within the Olympic Movement shall apply political neutrality. They have the rights and obligations of autonomy, which include freely establishing and controlling the rules of sport, determining the structure and governance of their organisations, enjoying the right of elections free from any outside influence and the responsibility for ensuring that principles of good governance be applied.
6. The enjoyment of the rights and freedoms set forth in this Olympic Charter shall be secured without discrimination of any kind, such as race, colour, sex, sexual orientation, language, religion, political or other opinion, national or social origin, property, birth or other status.
7. Belonging to the Olympic Movement requires compliance with the Olympic Charter and recognition by the IOC.

2.2.12 OLYMPIC VALUES

The Olympic Games have established themselves as a global celebration of sport and peace. Through a combination of sport, culture and education, the Olympic Movement uses sport as a tool to promote fundamental ethical principles and support harmonious development for all. The Paralympic movement promotes universal values: courage, determination, inspiration, equality. The three important core values of Olympism central to Olympic Games are Excellence, Respect and Friendship. These core values are considered important in life to make it worth living and helps in decision-making on moral terms. The core values also include five educational values which have been incorporated from three domains of learning: Mental, Emotional, and Physical.

- Joy of effort
- Fairplay
- Respect for others
- Pursuit of excellence, and
- Balance in life between body, will and mind.

Olympic Values Friendship

Friendship is at the core of the Olympic Movement. It encourages us to see sport as an instrument for mutual understanding between individuals, and between peoples all over the world. Friendship brings Olympic and Paralympic athletes and people from around the world together in sport, play and competition. It breaks down barriers – encouraging individuals to look beyond the differences such as gender, ability, culture, race or religion. By welcoming everyone's differences we are able to establish





stronger bonds. Friendships can be the basis of connections within community for working together and supporting each other.

Respect

Respect lies at the heart of Olympism – respect for yourself and your body, for other people, for rules and regulations, for sports and for the environment. In fact, respect is the key to strong friendships, fair play and sportsmanship. Understanding the impact of our actions, positive or negative, is an important part of playing a participative role in our communities. Respecting yourself and others goes beyond sport.

Respect includes

- knowing that we can offend or hurt someone by not letting them join in our game (respect of others).
- listening to and asking for the ideas, opinions and beliefs of everyone–boys, girls, people living with a disability (respect for others).
- helping others to feel safe from violence–teasing, bullying, and verbal, physical and sexual violence (respect for others).
- taking care of ourselves by choosing to eat healthy food, while getting enough rest and exercise (self-respect).
- being confident in ourselves to share and defend our ideas and opinions (self-respect).

Excellence

Excellence means doing the best we can, on the field of play or in our professional life. The important thing is not winning, but taking part, making progress and enjoying the healthy combination of body, will and mind. It is about having an ambition in life, and through determination, effort and perseverance reaching that goal. Excellence is not only on the sporting field; it is also in the classroom, where all children have the right to an education (Article 28), and also by helping children pursue excellence by chasing their dreams.

Olympic Values

Friendship

Excellence

Respect

Joy
of
Effort

Fair
Play

Respect
for
others

Pursuit
of
Excellence

Balance
Between
Body, Will
and
Mind



2.2.13 EDUCATIONAL VALUES OF OLYMPISM

Joy of Effort

According to the UNESCO Charter “every human being has a fundamental right to access to physical education and sport, which are essential for the full development of his/her personality. The freedom to develop physical, intellectual and moral powers through physical education and sport must be guaranteed both within the educational system and in other aspects of social life...”. Thus, the child needs to enjoy and have fun with sports and physical activities he/she is engaged in.

Otherwise, an individual, if forced to over-exert while playing without being given good experiences to remember or cherish, may develop bad memories. Sports or physical activities should be promoted with appropriate opportunity to enjoy the energy and effort with relative outcomes.

Do you know?

An example of joy of effort with running was published in a newsletter of the IOC, where in Kipchoge Keino, a 5-year - old boy from a small village Kenya, who lived four miles from his school with no public transport available, walked or ran to school and back. He enjoyed the running, and, in two to three years he would come home for lunch and go back to school for his remaining classes. At the same time, he developed an incredible aerobic system and soon he competed in national events and went on to become an international player. He got a job with the Kenyan police as a fitness trainee and his example became an example to the cadets.

Fair Play

Although fair play is a concept of sports, it can be applied in many different ways and contexts beyond the sports field. Fair play refers to playing by the rules. Learning fair play behaviour in sport can lead to the development and reinforcement of similar behaviour in one's everyday life. After participating in sports an individual develops the habit of fair play that is reflected in his/her attitude and behaviour in life and towards the community he/she lives in. In sports, an individual follows the rules. Referees and officials enforce rules through penalties and punishments. There are many ways through which the concept of fair play can be reflected like shaking hands with the opponent at the end of the game, appreciating the opponent's extraordinary performance etc.



**Do you know?**

Eugenio Monti made Olympic fair play history in the town of Innsbruck, Austria, during the Winter Games of 1964. One of the world's best bobsleighters, Monti had already won a bronze medal in the four-man bobsleigh. He really wanted to win an Olympic gold medal in the two-man bobsleigh. As he waited with his partner at the top of the run for his turn, he realised his main rivals, Robin Dixon and Tony Nash of Great Britain, had lost a bolt that held the runner to their sled. Without that bolt, they could not participate in the race. Without giving it any second thought, Monti lent the pair the bolt from his own sled. Nash and Dixon raced down the track to capture the gold medal. Monti had to settle for third place, but he was awarded a special Fair Play Trophy by CIPF for his act of generosity. Four years later, Monti won gold medal in both the two-man and the four-man bobsleigh events.

Respect for others

As per the Olympic Charter "The goal contribute to building a peaceful and better world by educating youth through sport practised in accordance with Olympism and its values." Living in a multicultural world, we need to accept and respect diversity and promote peace. We should appreciate the worth of all peoples and all cultures, irrespective of race, age, gender and ability. Violence is not the best way to solve conflicts. This acceptance can be achieved through sport, because a sports team may consist of people from different cultures, all focussed on one goal, that is, victory for the team. The task of bringing peace to societies becomes even more challenging for sports leaders and educators in societies where there are ancient hatreds, conflicting values or great economic differences among people. For example, since the end of Apartheid, South Africans have worked together to create a new society, one in which there is acceptance and respect for people of all races. Sports persons and educators have an important role in this process as acceptance and respect for cultural difference has to be taught. Racism and intolerance are often a result of ignorance and fear. Understanding and acceptance of difference develops when people live, work and play together.

Do you know?

At Nazi-hosted 1936 Berlin Olympic Games, it was virtually demanded that white, Aryan supremacy and athletic prowess was to dominate. Jesse Owens, a black man from USA won four gold medals, and he was aided to one of those victories by a blond, muscular German athlete, Luz Long. Long, the European long-jump record holder, advised Owens, his competitor at the Games, when he was having difficulty qualifying for the final of the long jump. Owens had failed twice in his bid to qualify for the long jump final, and was on his final attempt when Long suggested Owens adjust his starting point to avoid overstepping the take-off board. Owens followed Long's advice, and he qualified. In the finals, with Hitler, Goebbels and Himmler looking on, Owens set about his final attempt. In the frenzied atmosphere, Long looked to the crowd, raised his arms and then lowered them to quell the noise, before casting a "furtive" glance at the Fuhrer. The stadium quietened, Owens was able to concentrate, and he leapt to victory, leaving Long with the silver medal.



Pursuit of Excellence

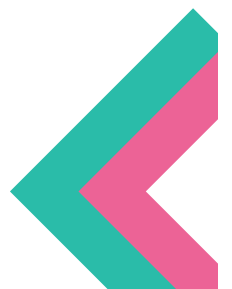
In today's competitive and demanding world, an individual's focus is to become the best. Focusing on excellence can help young people to make positive, healthy choices and strive to become the best that they can be in whatever they do. Sports provide an opportunity to players to become the best or to make healthy choices in safe social and physical surroundings. A healthy, clean and safe community makes the welfare of young people its number one priority. Sport sharpens skills and attends to the needs of all children and youth—girls and boys, children with learning disabilities, and children with hearing, vision and other physical disabilities. It provides an environment free from discrimination, harassment and fear. Sport also provides daily opportunities for children and youth of all ages to participate in physical activity in an environment free from discrimination, harassment and intimidation. It is also a place in which individual differences and cultural traditions are valued and respected.

Balance Between Body, Will and Mind

Do you know?

Deng Yaping of China, a hugely talented table tennis player, started when she was five. By the time she was nine she had won her provincial junior championship. At the age of 13, she had won her first national championship. But being less than 1.5 metre tall, she was initially rejected for the national team, despite her talent. However, it was her talent, her confidence and her perseverance that finally saw her selected in 1988. She won her first international doubles title in 1989 when she was only 16, and her first singles title two years later. "Even from an early age, I dreamed of being world champion," she said. In 1989, she won the Asian Cup and in 1991 she captured the world singles title.

Pierre de Coubertin understood that an international revival of the Olympic Games would stimulate interest in sports and physical activity among young people. This remains as relevant today, as it was over 100 years ago. The focus of the modern Olympic Movement extends beyond sports, embracing cultures, artistic works, environmental awareness and education. All of these can play their part in helping young people to build a balanced approach to life. Pierre de Coubertin maintained, "Modern education... has allowed itself to be carried away by extreme compartmentalisation. Each strength works in isolation, without any link or contact with its neighbour. If the topic is muscles, they only want to see animal function. The brain is furnished as though it were made up of tiny, air-tight compartments." He believed in the concept that learning happened in the whole body, not just in the mind. Physical learning, too, took place in both body and mind but it could not be done without will. Sport is a medium of balancing body, will and mind.



**Do you know?**

At Montreal 1976, a young Japanese gymnast performed his routine on the rings. He twisted, turned and balanced, before performing his landing—a double somersault with a full twist— landing perfectly with both feet. He stood for the required three seconds, but then collapsed in agony because he had been performing with a broken knee, injured during the floor exercises. “I didn’t want to worry my team-mates,” explained Fujimoto. He couldn’t take painkillers because of doping regulations. “I made myself for get what might happen when I landed,” he said later. So, he endured his pain and kept it to himself. Though Fujimoto wanted to carry on in spite of his injuries, his coach and his team-mates, now aware of his pain, would not allow him to continue with such a severe injury. However, inspired by Fujimoto’s pride and courage, they all did their very best and won the gold medal defeating the team from USSR.

Extension Activity

You read about some athletes who embody Olympic values.

Working in groups find out about other such athletes and make a presentation in class.

I. Tick the correct option.

1. The word “Altius” in the Olympic motto means
 - i. Faster
 - ii. Higher
 - iii. Heavier
 - iv. Stronger
2. The logo of Olympic Games was created by
 - i. Eunice Kennedy Shriver.
 - ii. Deion Nash
 - iii. Guttmann
 - iv. Baron Coubertin
3. The first Olympic torch was lit in
 - i. 1896, Athens, Greece
 - ii. 1920, Antwerp, Belgium



- iii. 1924, Paris, France
- iv. 1928, Amsterdam, Netherlands
- 4. The Olympic flag was used for the first time
 - i. 1896, Athens, Greece
 - ii. 1920, Antwerp, Belgium
 - iii. 1924, Paris, France
 - iv. 1928, Amsterdam, Netherlands

II. Answer the following questions briefly.

- 1. write a short note on Olympic creed.
- 2. What do you understand by Olympism?

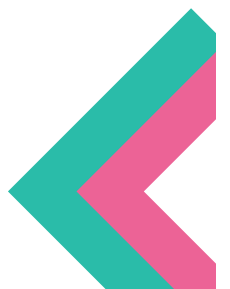
III. Answer the following questions in 150-200 words.

- 1. Explain the educational themes of Olympism.
- 2. Write a note on the principle of Olympism.
- 3. Write a note on the symbols and ideals of the Olympic Games.

2.3.1 INTERNATIONAL OLYMPIC COMMITTEE

The International Olympic Committee (IOC) was constituted by Pierre de Coubertin on 23 June 1894 with Demetrios Vikelas as its first president. It is a non-governmental and non-profitable organization situated in Lausanne, Switzerland. The object of the IOC is to fulfil the mission, role and responsibilities as assigned to it by the Olympic Charter. English and French are the official languages of the IOC. It is an official and supreme authority to spread Olympic movement worldwide through International Sports Federations, National Olympic Committees, Organising Committees for the Olympic Games, United Nations etc. It reserves the right on Olympic Games, the symbols and other elements which are related with the Olympic Movement.

The Committee organizes Summer and Winter Olympic Games that were started in Athens, Greece in 1896 and Chamonix, France in 1924 respectively. Before 1992 Winter and Summer Olympics were conducted the same year, but after 1992, IOC changed the schedule of the Olympics Games. Now, while Summer Olympics take place every leap year, Winter Olympics take place two years later, in even years. For example, while Summer Olympic Games were held in 2000, Sydney, Australia and in 2004, Athens, Greece, Winter Olympic Games were held in 2002, Salt Lake City, USA and 2006 Turin, Italy. IOC also organizes the Youth Olympic Games (YOG), held in summer and winter, every four years. The first Summer YOG were in Singapore in 2010 and the first Winter YOG in Innsbruck in 2012.





United Nations General Assembly declared IOC as a permanent observer in 2009. The decision enables the IOC to be directly involved in the UN Agenda and to attend UN General Assembly meetings where it can take the floor. In 1993, the General Assembly approved a Resolution to further solidify IOC–UN cooperation by reviving the Olympic Truce.

2.3.2 MISSION AND ROLE OF INTERNATIONAL OLYMPIC COMMITTEE

As per Olympic Charter, the mission of the IOC is to promote Olympism throughout the world and to lead the Olympic Movement.

The IOC's role is:

1. To encourage and support the promotion of ethics and good governance in sport as well as education of youth through sport and to dedicate its efforts to ensuring that, in sport, the spirit of fair play prevails and violence is banned.
2. To encourage and support the organisation, development and coordination of sport and sports competitions.
3. To ensure the regular celebration of the Olympic Games.
4. To cooperate with the competent public or private organisations and authorities in the endeavour to place sport at the service of humanity and thereby to promote peace.
5. To take action to strengthen the unity of the Olympic movement, to protect its independence, to maintain and promote its political neutrality and to preserve the autonomy of sport.
6. To act against any form of discrimination affecting the Olympic movement
7. To encourage and support elected representative so fathletes with in the Olympic movement, with the IOC athletes' commission acting as their supreme representative on all Olympic games and related matters.
8. To encourage and support the promotion of women in sport at all levels and in all structures with a view to implementing the principle of equality of men and women;
9. To protect clean athletes and the integrity of sport, by leading the fight against doping, and by taking action against all forms of manipulation of competitions and related corruption.
10. To encourage and support measures relating to the medical care and health of athletes.
11. To oppose any political or commercial abuse of sport and athletes.
12. To encourage and support the efforts of sports organisations and public authorities to provide for the social and professional future of athletes.
13. To encourage and support the development of sport for all.



14. To encourage and support a responsible concern for environmental issues, to promote sustainable development in sport and to require that the Olympic games are held accordingly.
15. To promote a positive legacy from the Olympic games to the host cities and host countries.
16. To encourage and support initiatives blending sport with culture and education
17. To encourage and support the activities of the International Olympic Academy (IOA) and other institutions which dedicate themselves to Olympic education.

2.3.3 ORGANIZATION AND SETUP OF INTERNATIONAL OLYMPIC COMMITTEE

The powers of the International Olympic Committee are exercised through the following three organs:

- The Session
- The IOC Executive Board
- The President

The Session: The Session is the general meeting of the members of the IOC. It is the IOC's supreme organ. Its decisions are final. An ordinary Session is held once a year. Extraordinary Sessions may be convened by the President or upon the written request of at least one third of the members. Every member has right of one vote. The main decisions like choosing city for Olympic games sports Programmes, electing new members etc. are taken in the session and its decisions are final.

Powers of the session are:

1. to adopt or amend the Olympic Charter;
2. to elect the members of the IOC, the Honorary President, honorary members and honour members;
3. to elect the President, the Vice-Presidents and all other members of the IOC Executive Board;
4. to elect the host city of the Olympic Games;
5. to elect the city in which an ordinary Session is held, the President having the authority to determine the city in which an extraordinary Session is held;
6. to approve the annual report and financial statements of the IOC;
7. to appoint the independent auditor of the IOC;
8. to decide on the awarding or withdrawal by the IOC of full recognition to or from NOCs, associations of NOCs, IFs, associations of IFs and other organisations;
9. to expel IOC members and to withdraw the status of Honorary President, honorary members and honour members;
10. to adopt or amend the Athletes' Rights and Responsibilities Declaration upon



recommendation of the Athletes' Commission and to promote respect for this Declaration within the Olympic Movement;

11. to resolve and decide upon all other matters assigned to it by law or by the Olympic Charter.

The **Quorum** required for a Session is half the total membership of the IOC plus one. Decisions of the Session are taken by a majority of the votes cast; however, a majority of two-thirds of the votes cast is required for any modification of the Fundamental Principles of Olympism, of the Rules of the Olympic Charter, or if elsewhere provided in the Olympic Charter.

Each member has one vote. Abstentions and blank or spoiled votes are not taken into consideration in the calculation of the required majority. Voting by proxy is not allowed. Voting is held by secret ballot when so required by the Olympic Charter, or if the Chairman so decides or upon the request of at least a quarter of the members present. In the event of a tie, the Chairman shall decide.

The Session may delegate powers to the IOC Executive Board.

The IOC Executive Board: The Executive board was founded in 1921 to manage the affairs of IOC. The Board consists of the President, four Vice-Presidents and ten members who are elected by the IOC members in the session by secret ballot by a majority of votes cast. The Executive Board undertakes overall responsibility for the administration and management affairs of IOC.

As per Olympic charter it performs following duties:

1. it monitors the observance of the Olympic Charter;
2. it approves all internal governance regulations relating to its organisation;
3. it establishes an annual report and the financial statements of the IOC in accordance with International Financial Reporting Standards and Swiss law, which it submits to the Session for approval together with the report of the auditor;
4. it submits a report to the Session on any proposed change of Rule or Byelaw;
5. it submits to the Session the names of the persons whom it recommends for election to the IOC;
6. it establishes and supervises the procedure for accepting and selecting candidatures to organise the Olympic Games;
7. it establishes the agenda for the Sessions;
8. upon the proposal of the President, it appoints – or dismisses – the Director General. The President decides on his compensation and may take sanctions;
9. it provides for the safe keeping of all minutes, financial statements and other records of the IOC in compliance with the law, including minutes of all Sessions, IOC Executive Board and other commission or working group meetings;
10. it takes all decisions, and issues regulations of the IOC, which are legally binding, in the form it deems most appropriate, such as, for instance, codes, rulings,



norms, guidelines, guides, manuals, instructions, requirements and other decisions, including, in particular, but not limited to, all regulations necessary to ensure the proper implementation of the Olympic Charter and the organisation of the Olympic Games;

11. it organises periodic meetings with the IFs and with the NOCs at least once every two years. Such meetings are chaired by the IOC President, who determines the procedure and the agenda after consultation with the relevant bodies;
12. it creates and confers the honorary distinctions of the IOC;
13. it exercises all powers and performs all duties not attributed by law or by the Olympic Charter to the Session or to the President.

The President:

The President is elected by the IOC members in the session through secret ballot for a period of four years, which can be renewed for further four years. The President is the representative of IOC and is responsible for organization and preparation of all Executive meetings. He may give his power to the Director General. He can execute any action or decision on behalf of IOC. If the President is unable to fulfil his work, the senior Vice President can replace him.

2.3.4 INDIAN OLYMPIC ASSOCIATION

The Indian Olympic Association is a non-profit organization under the Societies Registration Act of 1860 founded by Sir Dorabji Tata as President and Dr A.G. Noehren as Secretary General in 1927. In the same year the association was recognized by the International Olympic Committee. The prime objective of the Association was to promote and develop Olympic movement in India. In the early years, IOA selected sportspersons to represent India, but after 1947 they gave the responsibility of selection and training to the National Sports Federations. Now they only arrange transport, board and accommodation for officials and sports persons.



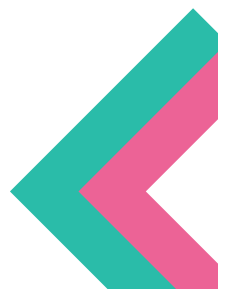
Sir Dorabji Tata

The Indian Olympic Association is the governing body for the Olympic Movement and the Commonwealth Games in India. It is also an affiliated member of the International Olympic Committee (IOC), Commonwealth Games Federation (CGF), Olympic Council of Asia (OCA) and Association of National Olympic Committees (ANOC). IOA is recognized by Ministry of Youth Affairs and Sports.

The IOA looks after several aspects of sports and sportspersons which includes sending athletes or teams to represent India in the Olympic Games, Commonwealth Games, Asian Games and other international multi-sport competitions of IOC, CGF, OCA and ANOC.

The members of the IOA include

- National Sports Federations affiliated to International Sports Federations whose sport is included in the Programme of the Summer and Winter Olympic Games.





- National Sports Federations affiliated to International Sports Federations whose sport is not included in the Programme of the Summer and Winter Olympic Games but is included in the Programme of all Asian and/or Commonwealth Games.
- Indian citizens who are member/s of the International Olympic Committee.
- Two (one male and one female) active athletes or retired athletes having taking part in the Olympic Games; subject to the condition that the retired athletes must retire from their post latest by the end of the third Olympiad after the last Olympic Games in which they took part.
- State Olympic Associations
- Union Territories' Olympic Associations
- Services Sports Control Board
- The National Federation of the Indian game KhoKho.

2.3.5 OBJECTIVES OF THE INDIAN OLYMPIC ASSOCIATION

In accordance with the Olympic Charter, the membership for National Sports Federations mostly include NSFs that govern sports featured in the sports Programme of the Summer Olympic Games, Winter Olympic Games, Asian Games and Commonwealth Games.

As per constitution of Indian Olympic Association following objectives have been illustrated in Memorandum of Association of the Indian Olympic Association (Registered under the Societies Registration Act XXI of 1860)

1. The Indian Olympic Association, being part of the Olympic movement, undertake to respect provisions of the Olympic Charter, the Olympic movement, the World Anti-Doping Code and to abide by the decisions of the International Olympic Committee.
 - a. At National Level to participate in events to promote peace and to promote women in sport.
 - b. To develop, promote and protect the Olympic movement in India in accordance with the Olympic charter.
 - c. To support and encourage the promotion of sports ethics, to fight against doping and to demonstrate a responsible concern to environmental issues.
2. To promote and encourage the physical, moral and cultural education of the youth of the nation for the development of character, good health and good citizenship.
3. To enforce all rules and regulations of the International Olympic Committee and the Indian Olympic Association and not to indulge in or associate with any activity which is in contradiction with the Olympic Charter.
4. To follow, observe and uphold the primacy and domination of the Olympic Charter in case of any contradiction between it and the rules, byelaws and the constitution framed by the Indian Olympic Association.
5. To enforce and defend the exclusive right of the IOC and the Association to the



use of the Olympic properties pursuant to the Olympic Charter.

6. To be the official organization in complete and sole charge of all Olympic matters in the country.
7. To educate the public of the country as to the value of sport.
8. In cooperation with National Sports Federations to guard and enforce the applicable rules.
9. To maintain the highest ideals of sport and to promote interest therein, particularly in connection with the Olympic Games and other Games under the patronage of the IOC as well as the IOA.
10. To have full and complete jurisdiction over all matters pertaining to the participation of India in the Olympic Games and other Games under the patronage of the IOC as well as the IOA. To participate in the Games of the Olympiad by sending athletes and to constitute, organize and lead its delegation at the Olympic Games and at the regional, continental or world multi-sports competitions patronized by the IOC. It shall also ensure that the members of the delegation shall conduct themselves in a responsible and dignified manner at all such meets.
11. To assist in cooperation with National Sports Federations the selection, training and coaching of the teams that will represent India in the Olympic/Asian/Commonwealth/South Asian Games and other international competitions and tournaments, under the patronage of the IOC as well as IOA. After selection of the teams by the National Sports Federation, IOA will supervise and control the participation of the team in the said competitions and tournaments.
12. To undertake with the assistance of National Sports Federations the financing, management, transportation, maintenance and welfare of teams from India taking part in the Olympic Games and other Games under the patronage of the IOC as well as IOA.
13. To certify the eligibility of competitors from India for such international competitions as require such certification.
14. To stimulate the interest of the people of the country in the promotion of sports and games in the Olympic Programme as well as form the State Olympic Association in newly formed State/Union Territory.
15. To act as the channel of communication between National Sports Federations and the Government of India for financial or other assistance to the Federations.
16. To admit the membership of State Olympic Associations and National Sports Federations which shall be required to submit their annual reports and audited statement of accounts to the IOA for information, failing which disciplinary action can be taken.
17. To take disciplinary action against any affiliated unit for misbehaviour or any other undesirable activity bringing discredit to the country and sport.
18. To do all other things that may be necessary or expedient to promote the development of sports and games in the country and for the conduct of its business.
19. To resist in the realm of sports all pressures of any kind, whether of a political,



- legal, racial, religious or economic nature.
20. To collaborate with schools and university establishments in India to propagate the fundamental principles of Olympism at National level within the framework of sports activity and also take steps for the diffusion of Olympism in the teaching Programmes of Physical Education.
 21. To take steps for the creation of National Olympic Academies, Olympic Museums and other cultural institutes related to the Olympic movement.
 22. To collaborate and help National Sports Federation, State Olympic Associations and other Sports bodies in the training of the sports administrators for the effective dissemination of sports information in India.
 23. To resist and oppose any form of discrimination on grounds of race, religion, legal, politics, gender or otherwise and to resist violence in sport.
 24. To lay down guidelines to enforce the World Anti-Doping Code and to fight against the use of substance and procedures prohibited by the International Olympic Committee or the International Federations and to adopt and implement World Anti-Doping Agency Code thereby ensuring that the IOA's Anti-Doping policies and rules, membership and/or funding requirements and results, management procedures conform with the World Anti-Doping Code and respect all the rules and responsibilities for the National Olympic Committee that are listed within the World Anti-Doping Code.
 25. To have full and complete jurisdiction over all matters pertaining to the designation of the city which may apply to organize Olympic Games in India.

2.3.6 ORGANIZATIONAL SETUP OF THE INDIAN OLYMPIC ASSOCIATION

IOA election generally held once in four years, following are hierarchy of Office Bearers and members with their roles:

1. **President:** The President is Head of IOA and presides over all meetings of the Assembly and Executive Council.
He has overall powers to supervise the office bearers and members of the Executive Council in the discharge of their duties.
2. **Senior Vice President:** There are Two Senior Vice Presidents in IOA, in the absence of President one of the senior Vice Presidents nominated by the Executive Council takes over the duties and responsibilities of President.

Extension Activity

Interview a member of the IOA or any Sports Federation of your State for your school Magazine.

3. **Vice-Presidents:** There are nine elected Vice Presidents in IOA. In the absence of the Senior Vice President, the Vice President approved by the Executive Council takes on the duties and responsibilities of the President. Generally, both Senior Vice Presidents and the Vice Presidents perform work as per directions of the President.



4. **Secretary General:** The Secretary General looks after the day to day administration, calling meetings, maintaining of IOA properties, preparing and presenting of Annual report, carrying out correspondence on behalf of association, maintaining the minutes of meetings and keeping records which may be necessary for the smooth and efficient functioning of the IOA. He may perform any function as per direction of the President.
5. **Treasurer:** The Treasurer is responsible for the management of the Association's accounts, receiving money, paying bills, preparation of inventory, presentation and submission of annual budget in finance committee etc. He can perform any task under the directions of the President.
6. **Joint Secretaries:** There are six Joint Secretaries, who perform duties which are assigned by the President and/or the Secretary General. The Joint Secretaries may perform any tasks or functions which are directed by the President.
7. **Executive Council Members:** There are ten Executive Council members having voting rights and they are part of all meetings of the Association.
8. **IOC member:** The IOC member(s) in India must be ex-officiomember(s) of the Executive Council having voting rights.
9. One representative elected out of the Athletes Commission One representative elected out of the Athletes Commission

2.3.7 DISAFFILIATION/DE-RECOGNITION/SUSPENSION

The IOA has the right to disaffiliation/de-recognition/suspension of any National Sports Federations/State Olympic Associations on the basis of following grounds:

- If members are not following the directions issued by the Indian Olympic Association.
- Not conducting elections after completion of tenure.
- Not submitting their audited account statements of the year, annual reports within the specified time period.
- Disaffiliation/De-Recognition of National Sports Federation by the International Federation of the Sport

2.3.8 UNSPORTSMAN-LIKE BEHAVIOR AND ACT OF VIOLENCE

Any kind of unsportsman like behaviour, e.g., abusing, making of undesirable gestures, provoking etc. of opponents, spectators, officials, coach(es), sports persons during any International competitions may lead to following punishment:

- Disqualification for the duration of the activity of that event of sports
- Disqualification for the entire duration of the competition
- Prohibition from participation in competitions for a fixed period of time.



I. Tick the correct option.

1. The IOA was established in
 - i. 1926
 - ii. 1927
 - iii. 1928
 - iv. 1930
2. There are _____ Vice Presidents in the IOA.
 - i. 1
 - ii. 3
 - iii. 7
 - iv. 9
3. The IOC Executive Board has _____ members.
 - i. 1
 - ii. 2
 - iii. 8
 - iv. 10
4. The First President of IOA was
 - i. Sir Dorabji Tata
 - ii. Dr A.G. Noehren
 - iii. Baron de Coubertin
 - iv. Maharaja Bhupender Singh

II. Answer the following questions briefly.

1. Write a short note on the Olympic Flag.
2. From where and how is the Olympic torch brought to the host city?
3. List the office bearers of the IOC.
4. Describe the Olympic oath.
5. Describe the formation of the IOA.

III. Answer the following questions in 150-200 words.

1. Describe the organisational step-up of International Olympic Committee.
2. Discuss the role and functioning of Indian Olympic Associations.
3. Write down the role of IOC.
4. List the Objectives of IOA.

Reference :

- <https://olympic.ind.in/>
- <https://www.olympic.org/the-ioc>