## Introduction

An article is written to circulate the news, research results, academic analysis, etc. It is a piece of literary work which informs or reveals something.

#### **Points to Remember**

1. The article must have a catchy title to grab the interest of the reader.

2. The ideas should be systematically presented in short and informative sentences.

- 3. Present a neutral approach in your article.
- 4. It should be concise and written as clearly as possible.

5. Although marks are not deducted for exceeding the word limit, an article should be written within 120-150 words.

6. Marks may be deducted for grammatical errors and mistakes in the spellings and punctuation marks.

7. Marks are awarded on the content and expression of the write-up. Therefore, special care should be taken to maintain the coherence, accuracy and fluency of the content.

#### Difference between Article Writing and Paragraph Writing

An article is a piece of writing about a particular subject in a newspaper or magazine. On the other hand, a paragraph is section of a piece of writing. Also, a paragraph may or may not contain a heading/title, while an article always follows a heading/title.

An article consists of a series of ideas on one single topic which is not the case while writing a paragraph. An article might have more than a single paragraph while a paragraph has limitation of length. An article has a concluding paragraph whereas in a paragraph, there is a concluding sentence.

## **Food and Emotions**

Avantika, a nutrition expert, has been asked to write an article for a magazine. Write the article on her behalf on the topic "Food and Emotions".

Answer:

#### Food and Emotions

By Avantika

Can certain foods really make you happy? And, can lack of certain foods or just a few ingredients leave you sad and depressed? The answer is yes. The latest research shows the presence of a certain biochemical link between food and emotions.

Food does much more than to just fill our stomachs and physical hunger. It satisfies our emotions and our feelings. Our mood swings throughout the day. In the morning, we are generally active and a good hearty breakfast can pep up our mood in minutes. The afternoon meal generally makes one feel the need for some rest. While a cup of a coffee can put one back to work. Similarly, a fatty meal can make one feel soporific. The experts have used the term 'emotional eating' for this.

An emotional hunger comes on suddenly and needs to be satisfied instantly with the food that you crave for. Foods like ice creams and chocolates work wonders to uplift one's mood. There are many more such examples that make one to believe in the connection between foods and emotions.

# Say No to Smoking

Given below is a picture. Using the ideas from the picture as well your own ideas, prepare an article to be published in your school magazine on the topic 'Say No to Smoking' in 120-150 words. You are Deepak/Deepika.



(Source: CBSE)

Answer:

Say No to Smoking

#### By Deepika

"Cigarette smoking is injurious to health". Although this caution is printed on every cigarette pack, not many pay attention to it. Consequently, a large number of people lose their lives due to its addiction.

A cigarette contains thousands of chemical compounds and toxic substances. Research shows that cigarette smoking reduces life expectancy by a number of years. People who smoke are more likely to get affected by cancer and cardio-vascular diseases than the non-smokers.

Nicotine, a highly addictive drug, is an important component of cigarettes. Regular smokers are led to addiction due to this drug. Such people are possessed with an uncontrollable desire to smoke, which can be noticed through their strong emotional, mental, or physical reactions.

However, being addicted does not mean that we cannot stop. One must realize that smoking, merely, stains our teeth and deteriorates our health. Therefore, one must spread awareness about the ill-effects of smoking and say no to smoking.

## **Corruption in India**

You are Varsha/Vivek. You have become frustrated with corruption in each and every field of life. You decide to draw the attention of the public towards the fastexpanding demon of corruption in India. Write an article on this in about 150 words and give suggestions as to how we can get rid of it.

Answer:

Corruption in India

By Vivek

Corruption has become the order of the day in our country. By definition, it is any moral or spiritual impurity. However, its effects are wide spread. It destroys the basic faith in democracy, law and order of a country.

Corruption is the direct outcome of greed and reflects the ineffectiveness of the government. In the recent past, we have seen umpteen number of scam in almost all branches of the Indian administration. In the long run, it destroys a country socially, morally, ethically and economically.

Time has come to uproot corruption through our resolve. Youth should be made selfreliant. They should be taught to yearn for success through hard work and perseverance, rather than taking short-cuts. Moreover, the government should involve people in the formulation and implementation of the policies against corruption. However, we must understand that the best way to curb corruption is through introspection and following our conscience.

## What is Ailing Our Tourism?

You are Astha Awasthi. You have been asked by your teacher to write an article on the topic "What is Ailing Our Tourism".

Answer:

What is Ailing Our Tourism?

By Astha Awasthi

India is known for its rich flora and fauna, beautiful landscapes, glorious past and varied cultural trends. All this makes India a major attraction for tourists from all over the world. However, tourism in India has been constantly suffering setbacks due to the various inefficiencies in its tourism industry.

Bad and filthy roads, rickety buses, over-priced taxis, delayed trains, all make travelling a nightmare in India. Moreover, the absence of decent and hygienic accommodations at a reasonable cost, adds to the distraction of tourists visiting India. Besides, the growing menace of terrorism is a huge deterrent for tourists.

The government of India needs to put concerted efforts in place to revamp tourism in the country. Utmost emphasis should be placed on infrastructure development and beefing up the security. Such efforts will certainly make India a leader in the world of tourism.

## Traffic Menace in Delhi

Traffic jams have become the order of the day. Delhi is infamous for its long traffic jams and poor traffic management system. Write an article describing the present condition of traffic management system. Also, suggest measures to improve it. Sign your name as Shobhit/ Shobhana.

Answer:

Traffic Menace in Delhi

By Shobhit

The vehicular traffic is increasing by leaps and bounds in Delhi. Consequently, traffic jams are a common sight, especially during office hours.

Owing to these jams, people have to go through a testing time while commuting. Besides, the noise pollution on the roads makes the traffic situation a nightmare.

Efforts need to be put in to decongest the roads. Although the introduction of Delhi Metro has helped ease the traffic on the roads, its reach is still limited. In order to reduce the traffic snarls, the network of the metro must be spread like a web.

Besides, more flyovers and underpasses must be constructed and people must be encouraged to use public transport or car pool. All these steps will certainly help in improving the chaotic traffic situation in Delhi.

## **Increasing Obesity**

The level of obesity has risen among people since the last few years. Write an article on the topic "Increasing Obesity".

Answer:

#### **Increasing Obesity**

### By XYZ

Obesity is a state of being overweight and is more than just a cosmetic problem. It is a serious health hazard which is a result of life style disorder.

It is astonishing to see obesity not just among men and women, but in school-going children too. The major cause for this increasing obesity is our wrong eating habits. Also, due to time constraints and prior commitments, it becomes very hard for people to take out time for any physical activity.

However, excess fat can lead to severe chronic diseases and illnesses. Efforts need to be put in to educate and inform people about this problem. Also, government should organize free check up camps to help the people to keep a check on any health related problems.

## **Robots - a Wonder of Science**

**Household Worker** 

Available for Rs. 25000/- 'A ROBOT WORKER'. Guaranteed freedom from household chores for women. Washes, cleans, irons, lays bed and dining tables, and helps with children's homework!

Reading the above advertisement you feel astonished at the amazing development made by science - a robot not only washes cleans irons but also lays beds, dining tables and even helps children with their homework. In order to generate interest among children for science, write an article in 120-150 words using your own ideas, together with the ideas from the unit 'science'.

(Source: CBSE)

Answer:

Robots - a Wonder of Science

### By XYZ

"Men love to wonder and that is the seed of science" - Ralph Waldo Emerson.

The advent of technological and scientific development has certainly helped humans to lead a life of comfort, luxury and style. Modern science has developed robots which are being sold for just Rs.25000 and guarantee freedom from all the household chores like washing, cleaning, ironing, etc. Moreover, they claim to help children with their homework.

Today, we are living in a truly digital age and resistance is difficult, or rather seems impossible. Through ultra modern gadgets and such astonishing inventions, man has been able to give a definite shape to his imagination.

As the result of these inventions, our lives have changed beyond recognition. Science has taken over the whole world and revolutionized every aspect of the modern man's life.

## **Child Labour**

Write an article for your school magazine, within 120-150 words, on 'Child Labour'.

Answer:

Child Labour

## By XYZ

Child labour is a worm that is slowly eating up the lives of thousands of children across the world. It is difficult to imagine how small children can be forced to carry load or work in stalls or factories. Poor people, especially those who lack adequate resources to feed their children, make their children work in small factories, restaurants, hotels houses etc. in order to support the household. Most of the children who are forced to do manual labour are deprived of their basic right to education.

The Indian Parliament passed the Child Labour (Prohibition and Abolition) Act in 1986. However, no amount of legislation can do away with this evil until and unless people are sensitized about this issue. Parents who send their children to work must be discouraged from doing so and all those who employ children must be brought to the book. The issue of child labour needs sensitive handling as it pertains to the future of India.

## Yoga and Walking

You are Nitin/ Neha. You happen to see the following report in a newspaper.

Exercise is the key to good health. Most people think that they have to go to fashionable gyms and to do a workout in order to remain fit and healthy. Many follow strict diets so that they can keep a check on their weight. But what they don't realize is that walking and yoga are the easiest, the cheapest and the best ways to remain fit and healthy.

Using the above information and your own ideas, write an advisory article for your school magazine in 120-150 words on the benefits of walking, yoga and a balanced diet, including a few dos and don'ts.

(Source: CBSE, 2006)

Answer:

Yoga and Walking

By Neha

A good physical workout is the key to a healthy life. Contrary to the beliefs of the young generation, one does not need to spend hefty amounts on fashionable gyms to stay fit and healthy. One of the most effective and yet cheap way to stay healthy is walking and practicing yoga.

Yogic postures can work wonders for one's body. Various asanas not only keep a check on the body fat but also act as a mental therapy. Another easy yet effective form of exercise is walking. Just 20-30 minutes of brisk walk can control the cholesterol levels, cardiovascular diseases and keep the body weight under control. However, exercise cannot work independently. It has to be accompanied with a balanced diet. It is important that people understand the importance of exercising and following a diet plan to attain a healthy lifestyle.

## **Plight of the Neglected Monuments**

You are Amrita. You came across a news item reflecting gross neglect of our invaluable historical monuments. Write an article expressing your concern about the neglect of historical monuments.

#### Answer:

Plight of the Neglected Monuments

#### Amrita

Historical monuments are a reflection of a country's heritage. But it is a pity to see the way these monuments are being neglected by us. Even the most famous monument, Taj Mahal, is getting dilapidated.

New Delhi, the capital of our nation, is famous for its historical monuments. But the condition of these monuments is fast deteriorating. The walls of the monuments are crumbling and the roofs are getting cracked. The bricks and stones of the monuments are losing its plaster. Apart from this, the places nearby these monuments are packed with traffic jams and filth. Besides, these historical monuments are being callously disfigured by the visitors who come and write their names on the walls of the monuments.

The government and the citizens are equally responsible to maintain the condition of these monuments. We must create awareness about the importance of our historical monuments before it's too late.